



NEWS RELEASE

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Youth to head to ‘nature island’ to work with destitute elderly

Kara-Leigh Jameson, a 25-year-old from Edmonton, AB will have the chance to go to Dominica, “the nature island” as part of the International Youth Internship Program. Jameson attended the University of Alberta and received a Bachelor’s degree in education and a Bachelor’s of science in human ecology.

Jameson will be working with Reaching Elderly Abandoned Citizens Housebound (R.E.A.C.H) and Help the Aged. She will be an outreach worker.

Jameson will be providing isolated seniors with better access to medical supplies, food and counselling. She will also be monitoring Help the Aged’s Adopt-A-Gran program in Dominica, providing updates and photos—making it possible for their Canadian sponsors to learn about the Grans’ life histories and present circumstances.

This is Jameson’s first internship overseas, though she has travelled to Japan, Thailand and Mexico. She is looking forward to getting experience in Gerontology.

Jameson is a little nervous but is trying to see past that fear to her motivations.

“I know there are a bunch of friendly people but it is also an underdeveloped country, so I am preparing myself for what I am going to see,” said Jameson.

Jameson has volunteered with the Canadian Skin Cancer Foundation and as a research assistant for Research on Aging Policies and Practice (RAPP).

“The kind of work I’m doing will impact on further generations,” said Jameson. “There is a large population needing help and it is important to have the desire and heart to do it.”

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