

ADOPT-A-GRAN



Millions of elderly people around the world live in extreme poverty. Many are no longer able to work, but have no government pensions or help. Their children have often left home, and are also working hard to feed and clothe their own families. Every day is a struggle. Some elderly people are abandoned, some are abused and some have lost hope. In countries such as Kenya where HIV/AIDS is a pandemic, many needy seniors have lost their children to AIDS, and are now responsible for raising their grandchildren.

Local organizations and various religious orders we work with, such as the Little Sisters of the Poor, identify the elderly people who need help. Other destitute seniors ask them for help directly. They are then put on a waiting list. Sponsoring a needy elderly person costs less than \$1 a day.



Help Aged

the
Aide Aînés

CANADA Reg. No. 11895 5921 RR0001

1-800-648-1111

www.helptheaged.ca

Help by Sponsoring a Gran

For \$27 a month you can make a difference in the life of a destitute elderly person. You can choose to sponsor either a man or a woman in one of eight different countries, including Kenya, Haiti, Jamaica and Sri Lanka. Your donation will provide basic necessities including:

- Food
- Clothing
- Shelter
- Essential medical services



By letting needy seniors know someone in Canada cares about their well-being, you will fill them with hope and dignity. Your generous support will also contribute to their independence.

With your sponsorship, you will receive your Gran's case history and updates on how your Gran is benefiting from your support. Staff and dedicated volunteers from our local partner organizations and from Canada will visit your Gran on a regular basis.



Help the Aged

1300 Carling Avenue
Suite 205
Ottawa, ON
K1Z 7L2

1-800-648-1111

613-232-0727

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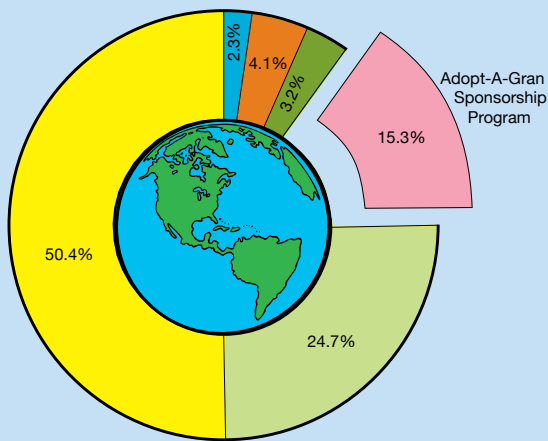


About Us

Help the Aged (Canada) is the only registered charitable organization in Canada dedicated exclusively to assisting poor and destitute elderly people living in developing countries and in Canada.

- Since 1975, our mission has been to improve the quality of life of the elderly poor, support their independence and inclusion, and provide services and programs to relieve distress, poverty and sickness.
- We work with local volunteer organizations, such as the Salvation Army and the St. Vincent de Paul Society overseas and in Canada to provide direct support to over 23,000 needy persons annually.
- We obtain funding from individual donors, federal and provincial government sources, corporations and foundations.

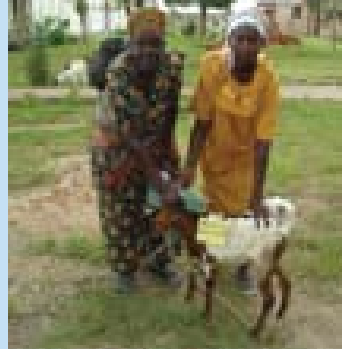
Your Donations at Work



- Adopt-A-Gran Sponsorship Program (15.3%)
- Information & Education Programs (3.2%)
- Canadian Programs (24.7%)
- Fundraising (2.3%)
- International Development Programs (50.4%)
- Administration (4.1%)

“My dear, today I am going to sleep like a baby, no more mosquitoes! I am happy to own a goat. I can now be called somebody in the community.”

*Gran Gustina Akumu,
Kenya*



Philip “Tiboy” Fountaine, who has no use of his legs, is shown propped up holding a picture of his long-time sponsors. Tiboy from Dominica

is very grateful to his sponsors for their support. Even though he doesn’t wear shoes, he spends a lot of his time repairing shoes for people in his community with a sewing needle his sponsors gave him.

“I was almost losing hope with life and God remembered me. I being lame, my grandchildren and I will try with all means to take care of this goat so that I can get more goats from it. May God bless you my dear granddaughter.”

Gran William Juma Omol, Kenya



“It is a privilege to be able to make a difference in someone’s life and to have this connection to her.”

*Sponsors Jan and Mike Jarvis
(Sponsoring since 1975)*

“Thank you for looking after Grans and Granddads. You are doing splendid work.”

Sponsor Nora Kelly



Board member and Adopt-A-Gran monitoring volunteer Guy Martel with Haitian Gran Fleuriot. Each Adopt-A-Gran program is monitored annually by volunteers or staff like Guy. They visit Grans, prepare updates, take photos and write newsletters for sponsors. “When I ask if they [the Grans] have a message for their sponsor, they lighten up and invariably say that they pray for them, and wish them and their family well,” says Guy.



Donation Form

- I would like to sponsor a destitute Gran for:
 - \$27 a month \$324 a year
- I would like to sponsor a:
 - woman man either
- I would like to sponsor a Gran in:
 - Kenya Jamaica India
 - Haiti Sri Lanka Dominica
 - Philippines Grenada No preference

Contact Information:

Name: _____

Address: _____

City: _____

Postal Code: _____

Telephone number: _____

E-mail: _____

Payment Options

- Enclosed Cheque
- Monthly bank account deduction (*please enclose a void cheque for verification*)
- Credit Card
 - Monthly Annually

Credit Card Information:

- VISA MasterCard American Express
- Name as it appears on the card: _____

Card #: _____

Expiry date: _____

Signature: _____

Date: _____

- I can't sponsor a Gran right now, but I would like to make a general donation to Help the Aged in the amount of: _____
- I would like to receive more information about Help the Aged
- I would like to sign up for the monthly e-newsletter

adoptagran@helptheaged.ca